

# **"Pariksha Parv" from 19<sup>th</sup> February to 15<sup>th</sup> March, 2019 - req.**

National Commission for Protection of Child Rights (NCPCR), Govt. of India has launched a month long campaign to enable students to interact with the experts to reduce their exam stress during the exam period up till 15th March, 2019 on "Pariksha Parv". It is a live question answer session with renowned psychologist and counselor through facebook/twitter/youtube.

Students and teachers can participate in the live sessions as per schedule mentioned in the website.

<http://ncpcr.gov.in/showfile.php?lang=1&level=1&sublinkid=1829&id=1817>